# Sauna

Instruction Mannual- Please keep properly for future reference.

If you find any missing boxes, damaged parts, or accessory shortages, please contact the customer service team of your purchasing channel immediately. We will resolve the issue as quickly as possible.



## CONTACT US

- **Email: service@grandtunnel.com**
  In order to receive assistance more quickly, please provide

## THE FOLLOWING INFORMATION:

- Order number
- Purchase platform
- Purchase date
- Detailed description of the issue along with photos (if applicable)

**Important –** Please read these instructions carefully before starting the installation.

Sauna

SKU:
C002056011

V1.0

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# Before Assembly

Thank you for choosing this product!
To ensure safe use and long-term maintenance, please read this manual carefully and keep it properly for future reference.

## Packaging Notice:

If you find any missing boxes, damaged parts, or accessory shortages, please contact the customer service team of your purchasing channel immediately. We will resolve the issue as quickly as possible.

## Important Notice:

Please read this guide carefully to familiarize yourself with the required tools, materials, and procedures. Follow the applicable sections to ensure proper assembly.

Make sure you have received all the parts. If any parts are missing, please let us know the letter of the parts you need.

If there is any damage, please send clear photos to us, and we will check and offer you the best solution soon.

Please be very careful when opening boxes, due to fragile parts and glass.

No plumbing or plumbing fixtures should be placed in the sauna.

Keep all liquids away from the heating panels.

Install the sauna on a completely level surface.

Install the sauna in an area that is dry and protected from the weather.

Flammable objects and corrosive chemical substances should be kept far away from the sauna.

The sauna installation requires at least 2 people. Electric drill or hand screwdriver needed.



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- Allow your sauna to warm up for 15-20 minutes or until it reaches 43℃ (110 F degrees) You may close the vent on the ceiling to speed up the preheating process.
- Drink plenty of water to avoid dehydration during or after the sauna using. It is better not to exceed 40 minutes one time.
- Start using the sauna within 10 ℃ before it reaches the set temperature in order to receive the most benefits of the infrared heaters. For example, if you set the sauna to 52 ℃ (125 F degrees), you'd better start using the sauna when it reaches 46℃ (115 F degrees) or 2-3 ℃ less.
- Customers reported an average use temperature of 52 ℃ (125 F degrees).

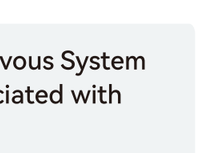
# Safety Warnings

- Please follow the warning information displayed on this product and its packaging. Do not remove the warning labels.
- Each sauna will require an exclusive circuit when plugged in an outlet. An exclusive circuit requires that no other appliance share the outlet/circuit with the sauna. Failure to comply with this requirement may cause electrical interruption and diminished performance.
- Please make sure the sauna is properly grounded. Serious injury may result if proper electrical requirements are not met.
- It is recommended that a qualified electrician install your dedicated electrical wiring for proper sauna functionality and to avoid any potential electrical hazards.
- Your sauna plugs directly into a **240V, 15Amp** dedicated outlet.
- If the temperature becomes unbearable, decrease the temperature or shut off the sauna immediately.
- Do not use if pregnant or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated.
- Concern the temperature if using the sauna with the elderly or children. Children need adult to accompany when using the sauna.
- Do not consume alcohol or drugs when using the sauna.
- If using prescription drugs, please seek advice of a personal physician or a pharmacist.
- Individuals with cardiovascular conditions or problems (hypertension / hypo tension), congestive heart failure, impaired coronary circulation, which might affect blood pressure, should exercise extreme caution when exposed to prolonged heat.

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- Chronic diseases such as Parkinson's, Multiple Sclerosis, Central Nervous System Tumors and Diabetes with Neuropathy are conditions that are associated with impaired sweating.
- The use of Infrared saunas should be avoided by anyone who is predisposed to bleeding.
- An individual that has insensitivity to heat should not use any type of sauna.
- Heating of the low back area of women during the menstrual period may temporarily increase their menstrual flow.
- If have a recent acute joint injury, it should not be heated for the first 48 hours after an injury or until the hot and swollen symptoms subside.
- Metal pins, rods, artificial joints or any other surgical implants should consult a surgeon prior to using an Infrared Sauna.
- Do not splash water on the heaters or any electrical component inside the sauna.
- Do not bring wet towels into your sauna or any substances that could harm the interior of your sauna.
- Do not install a lock on your sauna.
- All repairs need to be authorized by the supplier's representative; otherwise product warranty may be voided.
- In the rare event, you feel painful and/or uncomfortable, immediately discontinue sauna use.

# Maintenance and Care Recommendations



- Keep dry and well-ventilated to prevent swelling from moisture.
- Use a clean damp towel to wipe off the bench, floor and around the back panel.
- Do not use a towel that is too wet and can drip water inside the sauna and do not use cleaning agents inside the sauna.
- Make sure to keep the sauna dry and clean. Do not leave towels or water glasses or bottles inside the sauna after use.
- If the sauna exterior body was scratched or scuffed, it can be concealed by using a small amount of furniture polish, oil or other furniture treatment.
- The interior blemishes, scratches, or scuffs can be either left alone, sanded or combination of gluing plus sanding.
- Please avoid any treatment containing benzene or a high concentration of alcohol.



# Customer Service Guide



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Thank you for choosing our product! We are committed to providing you with excellent service. If you find any missing parts, damaged packaging, or product damage after receiving all packages, please follow the steps below to quickly contact our customer service team. We will do our best to resolve your issue.

## 1. Missing Parts

### Verify Parts:

1. Refer to the “Parts List” in the manual to verify the name, specifications, and quantity of the missing parts.
2. Take a clear photo of the parts list and mark the missing parts with detailed information, e.g., “Missing 5 pieces of M6×30mm screws.”

### Contact Us:

**By Email:**

Send an email to **service@grandtunnel.com**, with the subject line “Missing Parts Issue.” Include the following in the email:

- A description of the missing parts and a photo of the parts list.
- Order details (order number, purchase platform, purchase date).

## 2. Product or Packaging Damage

### If it affects normal use:

**Steps:**

1. Take clear photos or videos showing the damaged parts and the extent of the damage (multi-angle shots are recommended).
2. Email the photos/videos along with order details to **service@grandtunnel.com**, with the subject line “Product Damage Issue.”

**Resolution:**

After verification, we will arrange for a replacement part, product exchange, or refund as quickly as possible.

## If it does not affect normal use:

**Steps:**

1. Contact our customer service team (by email: **service@grandtunnel.com**).
2. Provide a description of the damage and include relevant photos or videos.

**Resolution:**

We will provide repair guidance or an appropriate compensation plan based on the specific situation.

## Contact Us:

Customer Service Email: **service@grandtunnel.com**

# Helpful Tips

## To process your issue efficiently, please prepare the following information:

- Order details (order number, purchase platform, purchase date).
- Clear photos or videos.
- We are committed to providing quick and professional solutions, no matter the size of the issue, to ensure your satisfaction.

**Thank you for your trust and support!**
**We hope you enjoy using our product!**

**Main supply:Frequency 60Hz ±1, AC 220~240V, Plug 15A.**





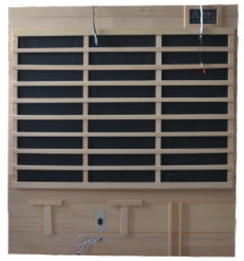


# Parts List

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P1 Floor Panel x1



P2 Rear Panel-left x1



P3 Rear Panel-right x1



P4 Bench support-right x1



P5 Bench support-left x1



P6 Seat panel-right x1



P7 Seat Panel-left x1



P8 Left Panel x1



P9 Front panel x1



P10 Right panel x1



P11 Ceiling panel x1



P12 Dust-proof cover-1 x1



P13 Dust-proof cover-2 x1



P14 Door handle x1



P15 Oxygen Ionizer x1



P16 Cup holder x2



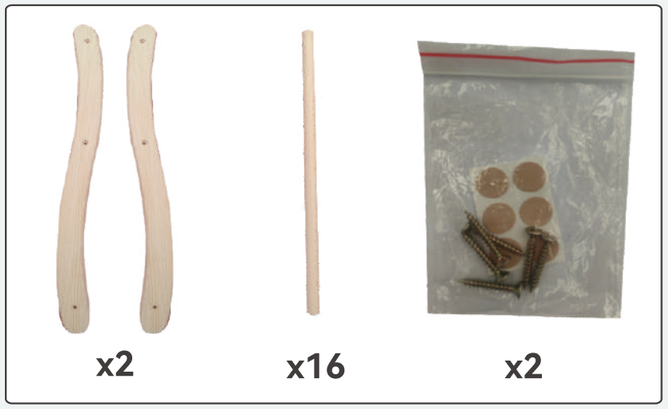
P17 Towel rack x1



P18 Wooden Blocks x4



P19 S BACKREST x2



x2 x16 x2



F1 M3.5*16mm/0.63Inch x14



F2 M3.5*25mm/0.98Inch x4



F3 M3.5*35mm/1.38Inch x8



F4 M3.5*40mm/1.57Inch x2



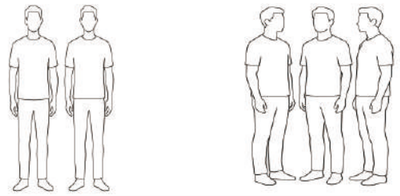
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# Installation Instruction(2 or 3 person)



## Step 1 P1 FLOOR PANEL



Firstly Place the floor panel (P1) flat on your desired place. The Floor Panel is leveled to indicate front vs.back.To prevent damaged grounds do not move around after assembly; prior to assembly, select a location within reach of power outlet, and pay attention to the orientation of the door to make sure nothing will block it.

## Step 2 P2 REAR PANEL-LEFT



Place Rear panel-left (P2) properly on the rear edge of floor panel. Please note that the bottom joint should be aligned.



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## Step 3 P3 REAR PANE-RIGHTL





- Install  rear panel-right (P3)to the rear panel-left(P2).
- Need one person hold the Rear Panel-left in place while you position the rear panel-right. (walls) are fastened by buckles.

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## Step 4 P4 BENCH SUPPORT-RIGHT





- Install Bench support-right(P4).
- Insert the right Bench support into the notch to hold it in place,and connect the wires for heaters.

(PS: The bench support panel of left and right are different,please install according to the label which sticked on the bench support panel. )

## Step 5 P5 BENCH SUPPORT-LEFT





- Install Bench support-left (P5)
- Insert the Left Bench support into the notch to hold it in place,and connect the wires for heaters.

(PS: The bench support panel of left and right are different,please install according to the label which sticked on the bench support panel.)

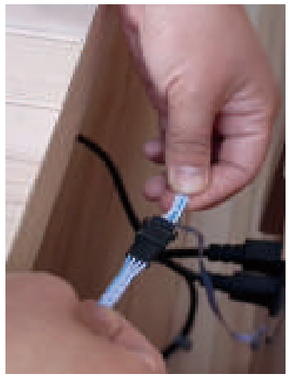


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## Step 6 P6 SEAT PANEL-RIGHT



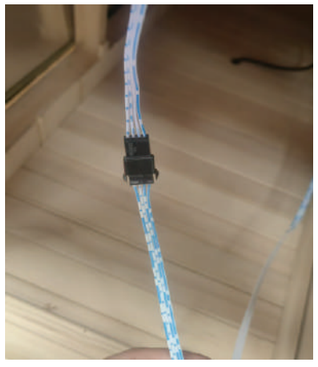


Install Seat panel -right(P6).

- (PS: The seat panel of left and right are different,please install according to the label which sticked on the seat panel.)

Before install seat panel,Connect the wire for light strip under the bench panel.

## Step 7 P7 SEAT PANEL-LEFT





- Install Seat panel-left (P7).
- (PS: The seat panel of left and right are different,please install according to the label which sticked on the seat panel.)

Before install seat panel,Connect the wire for light strip under the bench panel.

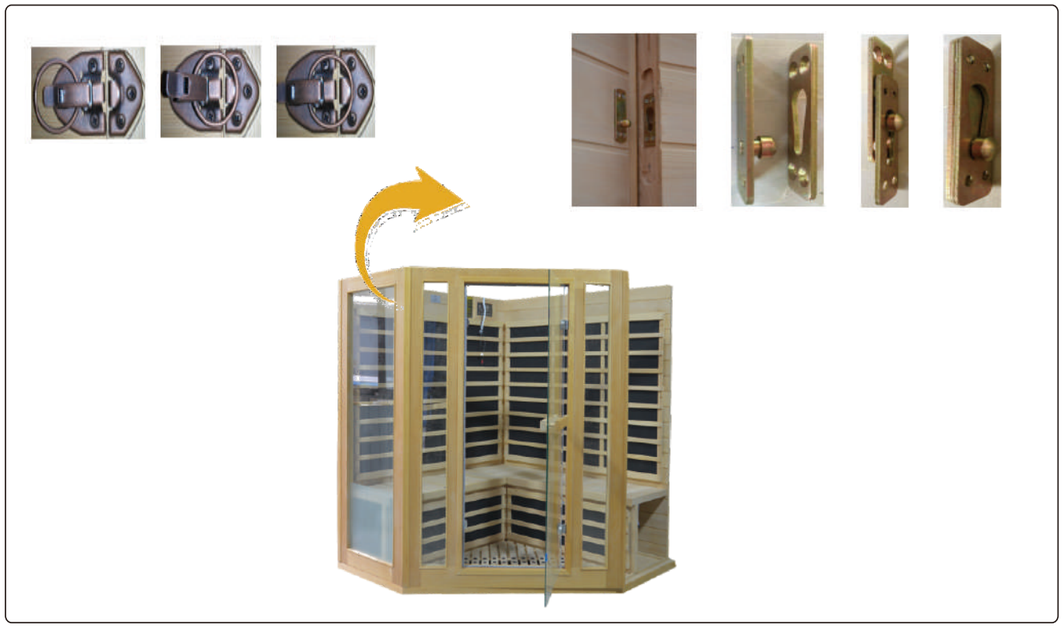
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## Step 8 P8 LEFT PANEL



• Install left panel (P8).Need one person top hold it firstly,Don't fix the left panel.

## Step 9 P9 FRONT PANEL



• Install Front panel (P9).Firstly connect the left panel and front panel by Latch Locking System,Pay attention to the direction of the connections in the figure,Also, be sure that the slots between the bench support and the left panel are aligned. Finally fix the left panel by buckles.

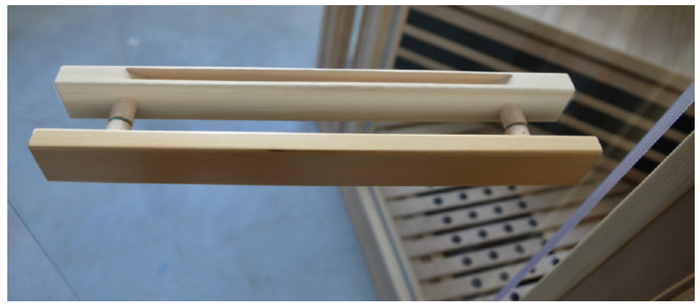


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## Step 10 P10 RIGHT PANEL



• Install Right panel (P10).Firstly connect the front panel and right panel by Latch Locking System,Pay attention to the direction of the connections in the figure,Also, be sure that the slots between the bench support and the right panel are aligned. Finally fix the right panel by buckles.
One person hold the glass door while install them.
The door handle (P14) can be installed in this step to make it easier to open the door when installing the ceiling panel (P11) in step 11.



Install door handle (P14)to the glass door with suited screws.
Tips: Please install the half handle painted outside, and the half handle without paint inside.

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## Step 11 P11 CEILING PANEL

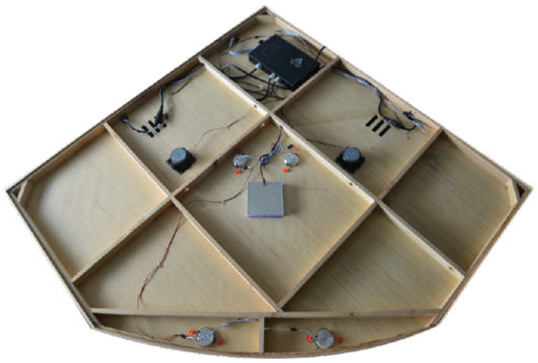




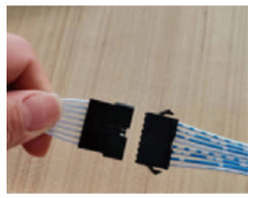




• Install Ceiling panel (P11)
Please draw the wires on top of rear panel-left and rear panel-right via the holes to the ceiling, and connect the wires one by one.











A. Connect the wires for heater.
B. Connect the wires for control panel.
C. Connect the wires of light strip.
D. Connect the wires of temperature sensor.



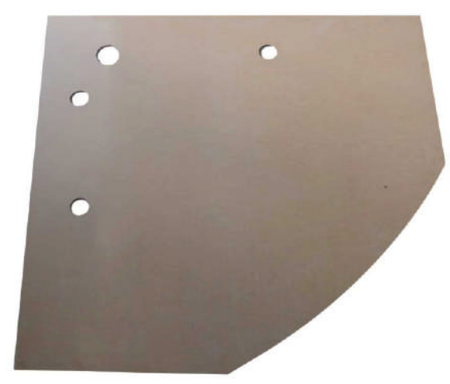
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## Step 12 P12 AND P13 DUST-PROOF COVER





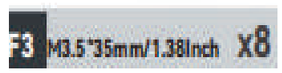





After assure all the functions work well, install P12 and P13 Dust-proof cover with screws F1 M3.5*16mm/0.63Inch(x14). Don't forget to draw the power cord out of the proper hole.

## Step 13 P18 WOODEN BLOCKS












Install P18 wooden blocksx4 for fixing the seat panel if it appears to loosen,it can be installed at both ends of the seat panel.
They can be fixed to the rear panel with screws F3 M3.5*35mm/1.38Inch(x8).
There are no specific requirements for the positions. Installation can be carried out according to the customer's own wishes.

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## Step 14 P19 BACKREST ASSEMBLING



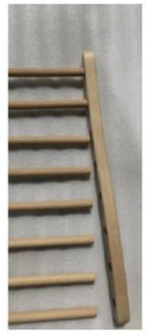
1. Put proper amount white glue to the holes on one of the 2 battens.



2. Put a cylindrical wood strip to one of the holes well.



3. Same doing as the step 2, put all the 8 strips to the holes well.



4. Put proper amount white glue to the other batten, then put all the 8 strips to the holes one by one.



5. Put screws to the holes on the other side of each batten and fix them well.



6. After fix the screws, put a sticker out of the hole.



7. Installation done

Each S backrest(P19)x2 was packaged in a bag when you receive the product.
Please refer to the relevant installation pictures.



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## Step 15 ACCESSORIES







• Hang Oxygen ionizer (P15) to the nails originally fixed on rear panel-left panel and connect the wire .
Press either button to switch on the oxygen ionizer. When preheating, press "O3" to release O3 to kill bacterium.
When heating, press "ion" to release negative ion to fresh the air inside the cabin. Press the working button again to switch off.





**F2 M3.5*25mm/0.98Inch*4**

• Install Cup holder (P16) in any corner with screws F2 M3.5x25mm/ 0.98inch(x4).
Do not install it on or in front of heaters. If you don't like or there is no anywhere suitable to install, just ignore it.





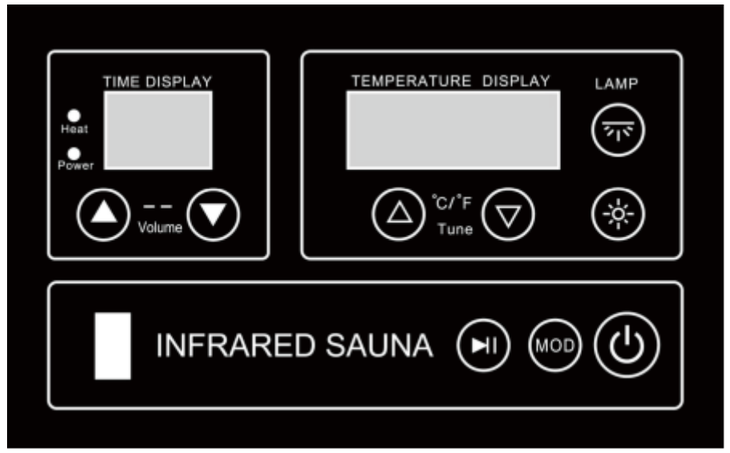
**F4 M3.5*40mm/1.57Inch*2**

• Install Towel rack (P17) with screws F4 M3.5x40mm/1.57inch(x2).

Do not install it on or in front of heaters. If you don't like or there is no anywhere suitable to install, just ignore it.

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# OPERATION INSTRUCTIONS OF CONTROL PANEL




**Power Button (On/Off)**
This button turns the sauna on or off.

**Music Mode Button**
Press this button to switch USB/FM/Bluetooth mode.
Tips:
Source “Sauna BT”via your mobile phone and connect, then press this buttonto enter bluetooth mode.

**Music Control (Play/Pause)**
Press this button to pauseor playsongs under either music mode.

**Time Button (Increase/Decrease)**
Press or button to increase or decrease the sauna timer.

Tips:
1, Time setting ranges from 1 to 99 minutes.
2, The heaters will turn off when the timer counts down until 00.
3, Press and hold both buttons to switch off the timer (no time limit, it displays two dashes --, utmost 4 hours). Press either button to start the timer again.
4, Press or buttons to increase / decrease volume when play music.


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OPERATION INSTRUCTIONS OF CONTROL PANEL

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**Temperature Button (Increase/Decrease)**
Press the (+) or (-) button to increase or decrease the sauna temperature.
Tips:
1, Temperature setting ranges from 15 to 65℃.
2, The heaters will turn off when the sauna reaches its desired temperature.
3, Press and hold both buttons to switch the temperature display between Fahrenheit and Celsius.
4, Press buttons to choose next or previous song when play music.

**Exterior / Therapy Light Button**
Press this button to switch on/off therapy light and change colors. Press this button 3 seconds to switch on/off exterior light.
Tips:
1, The exterior light/therapy light is on status when the control panel turns on.
2, It changes with 7 colors, the 8th mode is color changing automatically.

**Interior (Reading) Light Button**
Press this button to switch on/off interior (reading) lights.
Tips:
The interior lights are on status when the control panel turns on.

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